



UNION PINES HIGH SCHOOL



SOFTBALL CAMP

Camp Information:

Dates: June 22 - 25, 2020
Time: 9:00 am – 11:30 am
Cost: \$50.00
 (Includes T-Shirt, drinks, and snacks)
Location: Union Pines High School Softball/Baseball Complex
Ages: 5 yrs. – Rising 8th Graders

What to bring?

Drink container, cleats, glove, bat, helmet, tennis shoes, sun screen.

- All campers should try to wear softball pants.
- Campers should bring a change of clothes and a towel for the third day of camp.

Camp Focus:

- Fundamentals of Softball.
- Warm-up and pre-game stretching.
- Offensive fundamentals:
 - Batting
 - Bunting
 - Base running
- Defensive fundamentals:
 - Throwing
 - Catching
 - Pitching
 - Position specific technique
- Team Building Activities
- Camp Scrimmage on the 25th.

*** UPHS will have a certified Athletic Trainer on-site throughout the Camp.

2020 Union Pines Softball Camp Application

Union Pines Softball
 1981 Union Church Rd.
 Cameron, NC 28326

Camper Name: _____

Age/Grade: _____

School: _____

Parent/Guardian: _____

Emergency Contact: _____

Address: _____

City: _____

Zip Code: _____

Phone: _____

Phone: _____

I, THE UNDERSIGNED WILL NOT HOLD THE UNION PINES HIGH SCHOOL, EMPLOYEES, COACHES OR OTHER CAMP PERSONNEL RESPONSIBLE FOR ANY ACCIDENTS OR INJURIES MY CHILD MAY EXPERIENCE WHILE MY CHILD IS ATTENDING THE UNION PINES SOFTBALL CAMP. I ALSO GIVE UNION PINES SOFTBALL CAMP STAFF PERMISSION TO SEEK OR TAKE IMMEDIATE MEDICAL ACTION IF NEEDED IN TREATING ANY INJURY SUSTAINED WHILE ATTENDING THE UPHS SOFTBALL CAMP. I ALSO UNDERSTAND THAT UNION PINES HIGH SCHOOL, OR ASSIGNED/DESIGNATED PERSONNEL IS NOT RESPONSIBLE FOR ANY LOSS OF PERSONAL PROPERTY.

PARENT/GUARDIAN SIGNATURE: _____

QUESTIONS?? – Contact Coach Ley Crawford

hcrawford@ncmcs.org; (Cell) 912-678-3232